

**NARRABEEN NORTH PUBLIC SCHOOL
ATHLETICS CARNIVAL
2022**



DATE: Tuesday 26 July 2022

TIME: 8:00am to 2:15pm

VENUE: Academy of Sport, Narrabeen

Please have your name recorded by a teacher in the stand if you are leaving early with a parent

Take 3 - Please take home any rubbish!

Starting Time for 1500m 10,11,12/13y 8:00am

Jnr Girls Long Jump and Jnr Boys Long Jump: 8:15am (Starting time for all other competitors: 9:40am)

Order of Events – Boys then Girls

a. 200m

1. Junior 8, 9, 10's
2. 11yrs
3. Senior 12/13's

**** Long Jump, High Jump and Shot Put will be conducted throughout the day. Please listen for announcements as track events take priority.**

b. Age Race Heats

4. 8yrs (100m)
5. 9yrs (100m)
6. 10yrs (100m)
7. 11yrs (100m)
8. 12yrs & 13yrs (100m)

c. 100m Finals

9-13. 100m Finals (all finals are based on times)

d. House Relays

14. Junior Boys
15. Junior Girls
16. Senior Boys
17. Senior Girls

Linton – Lane 1
Maver – Lane 3
Robb – Lane 5
Vaughan – Lane 7

e. 800m

18. Junior 8, 9, 10's
19. 11 yrs
20. Senior 12/13

Carnival Rules

All competitors must: **Listen for their event!!**

- Report to marshals as soon as the event is called. All competitors must stay in their lanes while racing and finish by running over the finish line in their designated lane.
- On completion of the race, if placed 1st, 2nd or 3rd in an event, take card/ stick to the recorder's table. 1st place getters also take the time sheet. Names, times and house points are recorded.
- Spiked shoes may be worn in the track events only i.e. age races 8 yrs or older. Spiked shoes are to be put on in the marshalling area and removed immediately once the race is finished. No barefoot permitted on track.
- If at a field event and your track event is called, go immediately to the track. Return to the field after your track event is completed.

All spectators must:

- Remain in house areas in the stands.
- Please keep off the track at all times.
- Only go to the toilet with a teacher permission.

Athletics Carnival:

- Children enter age race for the age **they turn this year.**
- Races will be announced and marshalled on the day. No individual names will be called except for finals.
- Finals are based on times recorded in the heat. Winning a heat does not indicate making a final or winning an event.